
New Jersey



HEALTH IN CHILD CARE

2017 Conference

A Collaborative Project of the New Jersey Association
for the Education of Young Children (NJAEYC)

**Ensuring Quality Health
Standards for New Jersey's
Children**

*26th Annual
Health in Child Care Conference*

Friday, May 19, 2017

Hilton Meadowlands
East Rutherford, New Jersey
(201) 896-0500



HEALTH IN CHILD CARE

*Welcome to the 26th Annual Health in Child Care Conference –
Ensuring Quality Health Standards for New Jersey's Children*

For 26 years, the Health in Child Care Conference has been providing a unique opportunity to focus on the well-being of children and their families. We are proud to offer workshops that focus on the provision of high quality care for NJ's youngest children. We hope that this conference helps to build your repertoire of skills and information and helps to enhance the work that you do. All of the workshops meet the requirement for professional development through the Office of Child Care Licensing.

Once again I have the pleasure to chair this year's conference. We have been able to bring together a diverse and expert group of presenters to provide a wide and timely array of informative workshops and are confident you will find several meaningful choices to meet your professional development needs. We are pleased to have Fran Gallagher, MEd Executive Director of the New Jersey Chapter, American Academy of Pediatrics, as our keynote speaker.

We have the honor once again of presenting the Rose Annussek Award. This award is sponsored and supported through the MAP Team by the Southern Regional Child Care Resource Center/EIRC. Please consider nominating someone deserving of this honor (see inside back cover for nomination form) and please join us in congratulating your chosen recipient during lunchtime on the day of the conference.

We are also appreciative of SPAN's continued support for this conference.

The continued success of this conference is the direct result of the hard work of an amazing group of presenters from organizations throughout the state who donate their time and expertise. Special thanks to Helen Muscato for all the work she does to make our conference run smoothly. We thank NJAEYC for continuing to support this conference as a collaborative project. We also thank our sponsors and vendors who enable us to keep our registration fees low as a result of their generous support. Should you wish to make a contribution, all donations are greatly appreciated.

We look forward to seeing you in May!

Michelle Barnea, RN, MSED
Health in Child Care Conference Chair



HEALTH IN CHILD CARE

PROGRAM

- 8:00 AM - 8:45 AM** Check-in, Resource/Exhibit Tables and Continental Breakfast
- 8:45 AM - 9:15 AM** Welcome and Opening
- Welcome -** **Michelle Barnea**, Conference Chair
VP Professional Development - NJAEYC
- Opening Remarks -** **Cathleen D. Bennett, Invited**
Commissioner, New Jersey Department of Health
Elizabeth Connolly, Invited
Commissioner, New Jersey Department of Human Services
Dr. Allison Blake, Invited
Commissioner, New Jersey Department of Children and Families
- 9:15 AM - 10:45 AM**
Keynote Address: **Linking Early Childhood Education & Medical Home. . . What A Team! Fran Gallagher, MEd**
Executive Director of the New Jersey Chapter, American Academy of Pediatrics
Families of all economic levels face myriad challenges in today's world. This presentation highlights a theory of change and opportunities for pediatricians and early childhood educators to work together with parents to promote a culture of healthy development and safety for young children. Comprehensive health care in a medical home fosters optimal health which sets the stage for development and learning. When children feel physical pain, or have emotional distress, or live with daily toxic stressors – it can impact health and education. Linking health, including mental and oral health, and education together, AND skill building for caregivers can change the data. Leave with small ideas offering a larger impact ready to be implemented the next day.
- 11:00 AM - 12:30 PM** AM Workshops
- 12:30 PM - 2:00 PM** Luncheon and Exhibit Tables
- 2:00 PM - 3:30 PM** Workshops
-



HEALTH IN CHILD CARE

OBJECTIVE

To promote dialogue among the pediatric, health and child care communities and inform professionals working with children about current health issues.

WHO SHOULD COME?

Doctors, nurses, community health workers, child care center directors and staff, family child care providers, parents and other interested community members.

PROFESSIONAL DEVELOPMENT

A Certificate of Attendance will be given to each participant.

RESOURCE/ EXHIBIT TABLES

Tables are only available by contacting Helen Muscato at 732-329-0033 or mail@njaeyc.org.

GRANTS

Grants to cover attendance are available to low income center, family child care providers and parents to pay for substitute caregivers while they attend the conference Contact mail@njaeyc.org for more information.



HEALTH IN CHILD CARE

REGISTRATION and HOTEL INFORMATION

- Please register early, using a separate form for each participant attending. Confirmations will not be sent.
- \$75.00 Registration fee for NJAEYC members (\$90.00 if postmarked after May 1, 2017)
\$85.00 Registration fee for non-members (\$100.00 if postmarked after May 1st (includes meals and conference materials). You are invited to add a tax-deductible donation toward our expenses. All contributions are greatly appreciated.
- Make check payable to NJAEYC-HICC and mail registration form to NJAEYC-HICC, PO Box 1024, Barnegat Light, NJ 08006. For more information call (732) 329-0033 or mail@njaeyc.org.
- Purchase Orders will not be accepted.
- We have reserved a limited number of rooms for the night of May 18th at a special conference rate of \$149. In order to reserve a room at the hotel, call the Hilton Meadowlands at (201) 896-0500 and ask for reservations.

ABOUT OUR KEYNOTE SPEAKER

Fran Gallagher, MEd



Fran Gallagher, MEd, serves as the Executive Director for the NJ Chapter American Academy of Pediatrics, an organization with 1700 pediatricians/ members dedicated to optimal health for all children.

She holds a BS in Speech Pathology and a Masters in Early Childhood Special Education. NJAAP provides educational outreach promoting prevention and wellness and facilitating integrated systems of care. Ms. Gallagher serves as a representative of the national AAP Committee on State Government Affairs; is the President, Board of Trustees for the Central Jersey Family Health Consortia, and serves on various NJ State councils and committees related to the health, safety, and the education of children. She is passionate about systems integration – working and communicating across systems to ensure optimal health outcomes for infants, children, adolescents and young adults.

Ms. Gallagher has worked in the non-profit sector for over 27 years in a variety of roles related to grants administration and implementation. She co-founded the Medical Home Plus, Inc. in Richmond, Virginia, a non-profit agency dedicated to promoting and supporting medical home approaches to primary care; co-authored CME approved curricula, Caring for Infants and Toddlers with Disabilities, New Roles for Physicians (CFIT – Physicians) and CFIT for Nurses. CFIT was replicated in over 15 states. She served as Adjunct Faculty in the Early Childhood Special Education Graduate Program at Virginia Commonwealth University; and worked as a National Outreach Director and Senior Trainer for an evidence based early childhood prevention program, Al Pals, Kids Making Healthy Choices. Ms. Gallagher has 4 grown children and 4 grandchildren.

AM WORKSHOPS

1. **Infant/Toddler Feeding Practices: Bonding Through Routines**
Presenter: Alicia Jenks, Infant/ Toddler Specialist, NJ First Steps - Community Coordinated Childcare of Union County

This workshop will focus on the importance of interactions during infant/toddler feeding times, while incorporating information from the ITERS-R as well as West Ed's Program for Infant and Toddler Care. Participants will receive information on the importance of correct handwashing and hygiene practices along with the importance of focused attention during feeding times. Through reflection, partner sharing, large group discussion, and sample scenarios caregivers will leave this workshop with the understanding that feeding routines are important opportunities for infant/toddler learning and bonding.

2. **Protecting Our Little Ones: Child Safety and Injury Prevention in the Child Care Setting**
Presenter: Judi Connor BSN, RN, CCHC, Community Health Coordinator, Child Care Resources

Do you know what injuries are common in the child care setting and what you can do to prevent them? This workshop will provide injury risks for each developmental stage, strategies for prevention, discussion on performing safety checks of the environment and provide resources for provider and families.

3. **“What’s New in Licensing”**
Presenters: Kathleen Smith, Child Care Quality Assurance Inspector 2, DCF, Office of Licensing; Lizette Vazquez, Child Care Quality Assurance Inspector 2, DCF, Office of Licensing

Staff from the DCF, Office of Licensing will present the most current information regarding the regulation for child care centers.

4. Tools for Achieving Immunization Compliance

Presenters: Jenish Sudhakaran, MPH, Population Assessment Coordinator, NJDOH; Jennifer Smith, MPH, CHES, Health Educator, NJDOH

Join us for this completely interactive session to test your knowledge on immunization and reporting requirements. Participants will examine case studies that are applicable to their role as a child care provider.

5. Talking to Parents When A Child Screens Positive for Developmental Delays

Presenter: Lasheema Edwards, Project Coordinator, New Jersey Inclusive Child Care, Statewide Parent Advocacy Network

This workshop will discuss the importance of ongoing screening of young children and how to discuss positive screening results with parents. We will review a tool that can help families identify community and county-based resources that can help families locate services for their children.

6. Farm to Preschool (ECE)

Presenter: Juliet Jones, BSW, MBA, ECE State Coordinator, NJ Department of Health

Participants will learn about Farm to Preschool and how components of it can be incorporated into their program to support quality improvement efforts and promote health and nutrition. Participants will receive resources and suggestions to support their Farm to Preschool efforts.

7. Battling Burnout: Self-Renewal for Stressed Caregivers

Presenter: Carley Aroldi, LPC, IMH-E II, Owner, Peaceful Parenting NJ

Caregivers today face tremendous stress. This workshop will help you recognize your current level of stress, learn to manage workplace challenges and create a mindful plan for self-renewal.

PM WORKSHOPS

1. **Grow NJ Kids Category 1: Safe, Healthy Learning Environment**
Presenters: Barbara Thornton, MPH, Sr. Technical Assistance Specialist, Prevent Child Abuse-NJ; Jeannette Alcantara, MA, Sr. Technical Assistance Specialist, Prevent Child Abuse-NJ; Jennifer Riche, MAED/CI, Technical Assistance Specialist, Prevent Child Abuse-NJ

Hear an overview on Category 1 standards of Grow NJ Kids, and participate in a discussion, sharing your challenges, successes, ideas and resources. Suggested for Grow NJ Kids participating centers.

2. **Hands-On Nutrition: How and What Children Learn Through Cooking**
Presenter: Cindy Terebush, Consultant, Helping Kids Achieve with Cynthia Terebush

We have been cooking in preschool classrooms for years, but have we been teaching as much as we could? Learn about crossing the curriculum through cooking, how to make it a more hands-on experience for students and the ages and stages of cooking participants.

3. **Weight Management**
Presenter: Debra Brothers, RN, BSN, Nurse, Somerset Hills Learning Institute; Kevin Brothers, Ph.D., BCBA-D, Executive Director, Somerset Hills Learning Institute

We have devised a weight-management program that marries behavioral and nursing fields to implement the fundamentals of good nutrition to help children and their families adopt healthier lifestyles. Attendees of this presentation will gain an understanding of the long-term impact of obesity on children, procedures used to help a child manage his/her weight, and the reasons why this program has been successful.

4. **Sharing Sensitive Information with Families Building Bridges, Not Walls**
Presenter: Susan Gellert, MS Ed., Early Childhood Consultant

Learn how to gather and share sensitive information with families using a relationship-based approach. This workshop will provide you with practical strategies for enhancing your communication skills to make these tough conversations a little easier.

5. **Babies Need to MOVE!**

Presenter: Eleanor Campbell, P.T., Pediatric Physical Therapist, Ivy Rehab Physical Therapy

Learn about motor development in the first year of life, how movement is related to learning and what consequences frequently occur when there is scarcity of movement (such as torticollis, flat head syndrome and developmental delay). Use of popular baby equipment that inhibits movement will be discussed. You will learn practical ways to engage babies with enjoyable movement and play and how to adapt your care setting to foster their development.

6. **Action Plans/Special Needs Care Plans – RECIPE to Success!!**

Presenter: Jean Lagomarsino, RN, MA, Child Care Health Consultant

This workshop will present and discuss the importance of receiving guidance and direction from a child's health care provider to properly and safely care for so many children in our care. Sample forms will be available to demonstrate how this is helpful and necessary.

7. **Reflective Practices & Caregiving: How Our Feelings Affect Our Work**

Presenter: Lorri Sullivan, M.Ed. Assistant Director for Curriculum and Training, Center for Autism & Early Childhood Mental Health, Montclair State University

This workshop will provide an introduction to Reflective Practices for staff who work with young children and their families. We will explore the intense emotions that are stirred up when our work involves forming relationships with young children and their families.

SAVE THE DATE . . .

**NJAEYC ANNUAL STATE CONFERENCE
DOUBLETREE HOTEL
SOMERSET, NJ**

**FRIDAY, OCTOBER 20, 2017 – Leadership
conference for early childhood directors and
community stakeholders.**

**SATURDAY OCTOBER 21, 2017 – Professional
Development conference for early childhood
professionals working with young children.**

www.njaeyc.org

DIRECTIONS TO THE HILTON MEADOWLANDS:

From New York via Lincoln Tunnel: Route 3 W to Sheraton Plaza Drive exit (Stadium/ racetrack), follow signs to hotel.

From New Jersey Turnpike(N or S): Exit 16W, stay to the right on service road and follow signs for Sheraton Plaza Drive.

From New York via G. W. Bridge: Take New Jersey Turnpike (I-95) S, take exit 16W and follow as above.

From Garden State Parkway (N): Exit 153A to Route 3 E to Route 120 N(arena) exit, and follow signs for Sheraton Plaza Drive

From Garden State Parkway (S): Exit 153 to Route 3 E to Route 120 N (Arena) exit, and follow signs for Sheraton Plaza Drive.

From Route 17 North or South: Exit Route 3 E and follow as above.

2 Meadowlands Plaza, East Rutherford, NJ 07073
P: 201.896.0500 F: 201.896.9696



REGISTRATION FORM

(MAY BE DUPLICATED)

Early Bird Registration fee (**If postmarked by May 1, 2017**) \$75.00 for NJAEYC Members
\$90.00 for Non-members (includes meals and conference materials)

(**If postmarked after May 1, 2017**) \$85.00 Registration fee for NJAEYC Members
\$100.00 for Non-members (includes meals and conference materials)

\$ _____ Donation toward HICC expenses (optional)

\$ _____ Total Enclosed

Check Number _____

PINJ # _____

Name _____

Employer _____

Mailing Address _____

City _____ State _____ Zip _____

Phone (day) _____

(eve.) _____

e-mail: _____

Position: _____

Workshop Preference:

Choice 1st 2nd 3rd

AM _____ _____ _____

Plus

PM _____ _____ _____

Meal Selections: Chicken Vegetarian

Purchase Orders will not be accepted.

Make check payable to NJAEYC-HICC and mail it with this form to:

NJAEYC-HICC
P.O. Box 1024
Barnegat Light, NJ 08006

Contact info. (732) 329-0033 or mail@njaeyc.org

New Jersey MAP to Inclusive Child Care Team CALL FOR NOMINATIONS



2017 ROSE ANNUSSEK AWARD



The MAP to Inclusive Child Care Team is pleased to announce the **Rose Annussek Award** which is presented annually in memory of our dear colleague. Rose was a founding member of the MAP Team and served faithfully until her illness in 2004.

In memory of Rose's calm, resilient spirit and the enduring impression of her years of dedicated service, the MAP Team honors her memory with an annual award for inclusive child care programs or individuals that strive to follow her vision. This year the award will be presented at the **Health in Child Care Conference at the Hilton Hotel and Conference Center in the Meadowlands- East Rutherford, NJ on May 19, 2017.**

Nominations will be accepted for professionals, parents or providers who have enhanced the quality of care for children with special needs in child care settings.

The nomination should include a clear description of the nominee's:

The nomination should include a clear description of the nominee's:

- *specific actions to include children with special needs in child care programs,*
- *collaboration with individuals or agencies (possible examples: Early Intervention, Child Study Teams, Infant/Toddler Specialists, Head Start, classroom teachers, the child's Health Care Provider), or*
- *work as an advocate on behalf of the inclusion of children with special needs in child care.*

The Rose Annussek Award nomination should include the name, address, phone and email of the person or agency, and the name and contact information of the person writing the recommendation. Including two or three other resources such as newspaper/magazine articles, letters of support, or program descriptions would help the committee learn about the nominee.

Nominations are being accepted through Friday, April 7, 2017

and can be mailed, faxed or emailed to:

Rose Annussek Award

SRCCRC/EIRC

900 Hollydell Ct.

Sewell, NJ 08080

ethomas@eirc.org

Phone: 856-582-8282 ext 149

Fax: 856-582-4714

Thank you for helping the MAP to Inclusive Child Care Team to continue Rose's vision for including children with special needs.



NJAEYC

Your Professional Early Childhood Organization

Are YOU a member?

***Join the National NAEYC and automatically
become a member of your state and local affiliate.***

3 easy ways to join:

WEB: www.naeyc.org/membership/join

Phone: 1-800-424-2460

Email: membership@naeyc.org

