
New Jersey



HEALTH IN CHILD CARE

2010 Conference

A Collaborative Project of the New Jersey Association
for the Education of Young Children (NJAEYC)

**"Caring for
New Jersey's Children"**

19th Annual Health In Child Care Conference

**Thursday, May 20, 2010
8:00 AM - 3:30 PM**

The DoubleTree Hotel

200 Atrium Drive
Somerset, NJ 08873

(732) 469-2600



HEALTH IN CHILD CARE

*Welcome to the 19th Annual Health in Child Care Conference -
Caring for New Jersey's Children*

It has been a pleasure to be the chair of this conference committee, comprised of such a dedicated and devoted group of professionals. Together, we have been able to bring together a diverse and expert group of presenters to provide an exciting array of informative workshops. From the wide variety of topics related to the health well-being of young children being offered, we are confident you will find several exciting choices to meet your professional development needs. We are especially excited about our keynote speaker, Captain Timothy Shope, co-editor of *Managing Infections in Child Care and Schools*, and his presentation on this essential and timely topic.

We are pleased to once again present the Rose Annussek Award for Inclusive Child Care during lunchtime on the day of the conference. This award is being presented in collaboration with support from the New Jersey Inclusive Child Care Project under the Statewide Parent Advocacy Network. We hope that you will consider nominating someone deserving of this honor (see inside back cover for nomination form).

We are delighted to be able to offer Nursing Contact Hours for nurses attending the conference through special support from the Southern New Jersey Perinatal Cooperative. All of the workshops meet the requirement for professional development through the Office of Child Care Licensing as well.

The continued success of this conference is the direct result of the hard work of an amazing group of volunteers from organizations throughout the state who donate their time and expertise. Special thanks to Helen Muscato for all the work she does to make our conference run smoothly. We also thank our sponsors who enable us to keep our registration fees low as a result of their generous support. Should you wish to make a contribution, all donations are greatly appreciated.

We look forward to seeing you in May!

Michelle Barnea, RN, MEd
Health in Child Care Conference Chair



HEALTH IN CHILD CARE

PROGRAM

- 8:00 AM - 8:45 AM** Check-in, Resource/Exhibit Tables and Continental Breakfast
- 8:45 AM - 9:15 AM** Welcome and Opening
- Welcome -** **Michelle Barnea**
Co Vice-President Professional Development - NJAEYC
- Opening Remarks -** **Jennifer Velez**, Invited
Commissioner, New Jersey Department of Human Services
Janet Rosenzweig, Invited
Acting Commissioner, New Jersey Department of Children and Families
Matthew D’Oria, Invited
Acting Commissioner, New Jersey Department of Health and Senior Services
- 9:15 AM - 10:45 AM**
- Keynote Address:** **Fighting the War on Germs: Spit Happens!**
This keynote will empower participants with the knowledge and skills they need to:
- Develop and implement policies about inclusion/exclusion that are based on scientific evidence rather than “health beliefs”;
 - Recognize when a child’s illness prevents them from participating comfortably in daily activities;
 - Communicate effectively to address controversies among health professionals, child care providers, and parents.
- Captain Timothy Shope**
Specialty Leader and Advisor to the Surgeon General for Navy Pediatrics
- 11:00 AM - 12:30 PM** AM Workshops
- 12:30 PM - 2:00 PM** Luncheon and Exhibit Tables
- 2:00 PM - 3:30 PM** PM Workshops



HEALTH IN CHILD CARE

OBJECTIVE To promote dialogue among the pediatric, health and child care communities and inform professionals working with children about current health issues.

WHO SHOULD COME? Doctors, nurses, community health workers, child care center directors and staff, family child care providers, parents and other interested community members.

PROFESSIONAL DEVELOPMENT A Certificate of Attendance will be given to each participant. Workshop hours can be used to meet New Jersey child care licensing requirements. Department of Education - Registered Provider #812.

NURSING CONTACT HOURS The Southern New Jersey Perinatal Cooperative **is an approved provider of continuing nursing education by New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's COA.** NJSNA Approval Number P106-6/2009-2012. Participants who complete the program will be awarded 4.75 **contact hours** by Southern New Jersey Perinatal Cooperative (SNJPC).

RESOURCE/ EXHIBIT TABLES Tables are only available by contacting Helen Muscato at 732-329-0033 or mail@njaeyc.org.

GRANTS Grants of up to \$50.00 are available to low income centers, family child care providers and parents to pay for substitute caregivers while they attend the conference. Contact mail@njaeyc.org for more information.



HEALTH IN CHILD CARE

REGISTRATION and HOTEL INFORMATION

- Please register early, using a separate form for each participant attending. Registrations received by May 1st will be mailed a confirmation and are eligible for early bird rates.
- \$60.00 Registration fee • \$75.00 Registration fee if postmarked after May 1st. (includes meals and conference materials). You are invited to add a tax–deductible donation toward our expenses. All contributions are greatly appreciated.
- Make check payable to NJAEYC–HICC and mail registration form to: NJAEYC–HICC, PO Box 426, Monmouth Junction, NJ 08852. For more information call (732) 329–0033 or mail@njaeyc.org
- Purchase Orders will not be accepted.
- We have reserved a limited number of rooms for the night of May 19 at a special conference rate of \$119. In order to reserve a room at the hotel, call the DoubleTree at (732) 469-2600 and ask for reservations. The code for the conference rate is NJH.

ABOUT OUR KEYNOTE SPEAKER

Captain Tim Shope

Specialty Leader and Advisor to the Surgeon General
for Navy Pediatrics



Capt. Tim Shope is an active duty Navy general pediatrician stationed at Naval Medical Center Portsmouth in Virginia. After his pediatric residency at Naval Medical Center San Diego (1990-1993) he did two tours of duty on Guam (1993-95) and San Diego (95-97). From San Diego he entered a fellowship in academic general pediatrics at Johns Hopkins (97-2000) where he received his Master of Public Health Degree. His research thesis focused on exclusion of mildly ill children from child care.

After fellowship he was stationed at Naval Medical Center Portsmouth (NMCP) where he remains today. At NMCP he has served as associate residency program director, clinic director, research program director and residency program director (2004-2008). Currently, he is the Specialty Leader and Advisor to the Surgeon General for Navy Pediatrics (2008-2010). He holds an academic appointment of Associate Professor of Pediatrics for the Uniformed Services University of the Health Sciences. Dr. Shope has served as a consultant to the Department of Defense on child care health and safety matters, written Navy child care policy and provided health consultation for the Navy Mid-Atlantic Regional Child Care Network of over 5,000 children for over 9 years. He serves on the American Academy of Pediatrics Executive Committee of the newly formed Section on Early Education and Child Care. He has coedited with Susan Aronson, *Managing Infections in Child Care and Schools*, now in its second edition. He is currently one of the Technical Panel Chairs editing the 3rd edition of *Caring for Our Children*.

AM WORKSHOPS

1. Sitting with the Keynoters

Presenters: Captain Timothy Shope, Specialty Leader and Advisor to the Surgeon General for Navy Pediatrics; Elaine Donaghue, MD, FAAP

Facilitator: Ellen Grace Whitford, RN, BSN Child Care Health Consultant Coordinator, Community Child Care Solutions

Come sit with the keynoter to further discuss the management of infectious diseases in child care centers.

2. Identifying Signs of Stress in Young Children

Presenter: Marta I. Horvath, RN, BA, Child Care Health Consultant Coordinator, Programs for Parents, Inc.

Facilitator: Phyllis J. Jones, MA Early Childhood Coordinator/Professional Development/Pre K Support Services, Bergen County Office for Children

While stress is a natural part of development, when it exceeds the natural levels, development, social interaction and trust may be compromised. This workshop is designed to help recognize early subtle signs of stress exhibited in young children from infancy onward.

3. Bringing Special Olympics to Child Care in New Jersey

Presenter: Kathleen Edenzon, BA, MA Young Athlete Program, Manager, Special Olympics New Jersey

Facilitator: Theresa Caputo, M.Ed., Professional Impact NJ

The Young Athlete Program (YAP) is an innovative sports-play program designed for children ages 2 ½ - 7 with intellectual disabilities (ID) to meet their physical and developmental needs play emphasis on play and sports skills. Learn how you can implement this program with the children you care for.

4. The Importance of Advocacy in Difficult Times

Presenter: Cynthia Rice, Esq., Senior Policy Analyst, Association for Children of New Jersey

Facilitator: Bonnie Teman, RN, BSN Public Health Nursing Consultant Special Child Health Services, NJ Department of Health and Senior Services

In the current NJ climate, being an effective advocate has never been more important. Learn why advocacy must play a role in everyone's "job description" and some important tips to include in your "advocacy repertoire".

5. Child Care Center Activities that Strengthens Families

Presenter: Nanci Fasanella, MA Strengthening Families Project Manager, NJ Department of Children and Families

Facilitator: Shonda Laurel, MSA Child Care Supervisor, NJ Division of Family Development

More than 180 early childhood centers participate in The Strengthening Families through Early Care & Education Initiative. Learn how your program can become a nurturing and supportive resource for children and their families.

6. Celebrate After School: Outdoors in the Garden State

Presenter: Sarah Cruz, BA, Enrichment Support Specialist, NJSACC: The Network for New Jersey's After School Communities

Facilitator: Lea McReynolds RN, MS, CPN, Child Care Health Consultant Coordinator, Child Care Connection

The New Jersey School Age Coalition promotes the value and importance of connecting children to nature. This workshop will provide information about the importance of outdoor play. Participants will explore hands on activities designed to bring the outdoors inside.

7. Hot Topics in Health & Safety

Presenters: Kathleen Cuddihy MD, FAAP, New Providence Pediatrics; June Cuddihy RN, CS, MSN, Child Care Health Consultant Coordinator, Catholic Charities, Diocese of Metuchen

Facilitator: Kay Gellert, M.Ed. Child Care Advocate

This workshop will feature a friendly pediatrician in private practice. Hot topics will include the top concerns of the Center of Disease Control including H1N1, and emerging communicable diseases.

8. Where Has All the Kindness Gone?

Presenter: Martie B. Granieri, RN BSN, BC, Child Care Health Consultant Coordinator Atlantic County Women's Center

Facilitator: Sandra Lenze, RN, BSN Child Care Health Consultant Coordinator, NORWESCAP

We live in a world that is downright daunting! Expressions like "lock down" and "road rage" have become part of the American lexicon. Learn how caring begins "in the crib" as we explore how to instill the social values of self-discipline, respect and empathy in young children.

9. Helping Young Children Manage Anger & Aggression

Presenter: Patti Lucarelli RN, APN.C, CPNP, MSN, Pediatric Nurse Practitioner, Jersey Shore University Medical Center, Family Health Center

Facilitator: Martha Saint-Jean, RN Child Care Health Consultant Coordinator, Quality Resource & Referral Services, Inc.

Young children who are angry and aggressive can be a special challenge for child care staff. Come and explore some anger management techniques that you can use to help children work successfully through these times and develop healthy life-long anger resolution skills.

10. Anticipating the Unexpected: Planning for Emergencies in Child Care Settings

Presenter: Eric Hicken, MICP, EMSC Program Manager NJ Department of Health & Senior Services/EMS/EMSC

Facilitator: Judi Anderson, RN, BSN Child Care Health Consultant Coordinator, Child & Family Resources

Emergency preparedness is everyone's responsibility. In this workshop child care centers and family child care homes will learn what needs to be in a disaster plan and what is needed to evacuate or have a shelter in place. It will also review who the first responders are using scenarios and group discussions to identify key elements of disaster planning.

11. Sleep in the Lives of Young Children

Presenter: Tina Foley, MA Early Childhood Consultant, Foley Consulting

Facilitator: Annette Perez, RN, BA Child Care Health Consultant Coordinator, Southern Regional Child Care Resource Center/EIRC

Families face daily challenges regarding their children's sleep behavior in early childhood. This workshop is designed to raise awareness regarding children's sleep needs and to provide strategies and resources to address those needs. This presentation is part of a larger advocacy effort that seeks to influence parents to address their children's sleep behavior.

12. Yes, You Can Include this Child!

Presenter: Denise Bouyer, MA Project Director: NJ Inclusive Child Care, Statewide Parent Advocacy Network

Facilitator: Tracey Owate, RN, BSN, IBCLC Child Care Health Consultant Coordinator, Community Coordinated Child Care

Many times child care providers think children with disabilities and special needs can not be cared for in the typical child care setting. This workshop will discuss the modifications and accommodations you can implement to successfully include children with disabilities and special needs.

PM WORKSHOPS

1. **Caring for Children with Chronic Health Conditions in Child Care**

Presenter: Brenda J. Conover, RN, MSN, CPNP, Child Care Health Consultant Coordinator Burlington County Community Action Program

Facilitator: Sandra Lenze, RN, BSN Child Care Health Consultant Coordinator, NORWESCAP

Do you have a child in your program with a chronic health condition such as asthma, diabetes, ADHD and /or a seizure disorder? Would you know what to do if such a child were to enroll tomorrow? This workshop will provide you with an overview of the tools and resources to better meet the needs of children with chronic health conditions.

2. **Strategies to Promote Reflective Practices in Infant and Early Childhood Programs**

Presenter: Gerard Costa, Ph.D. Director, YCS Institute for Infant and Preschool Mental Health

Facilitator: Kay Gellert, M.Ed. Child Care Advocate

Our personal “stories” and experiences with infants children and families can have a profound, yet often unexamined effect on our relationships with them. Learn how self-awareness and reflective practices can make an important impact.

3. **Cooties Patrol**

Presenter: Sherri Begleiter, RN, BSN Child Care Health Consultant Coordinator EIRC/SRCCRC

Facilitator: Phyllis J. Jones, MA Early Childhood Coordinator/Professional Development/Pre K Support Services, Bergen County Office for Children

This workshop covers bugs that bite, burrow and latch onto you, me and the children in our care. We’ll talk about how to recognize bites and how the child and the child care center should be cared for.

4. **“I Just Know There’s Something Going on with that Child”**

Presenters: Susan Gellert, MEd. Consultant: Early Childhood Education; Michele Granger, M.Ed.; Dorothy Bryan, MD Developmental Pediatrician

Facilitator: Martha Saint-Jean, RN Child Care Health Consultant Coordinator Quality Resources & Referral Services, Inc.

What do you do when your “gut” tells you that a child in your care has special needs? How do you approach the family? How do you access services? Come to this workshop and learn how to support children AND families through this sensitive process.

5. **Vaccination: Keys to Prevention**

Presenters: Jenish Sudhakaran, MPH, Population Assessment Coordinator; Jennifer Smith, MPH, CPS Health Educator, New Jersey Department of Health & Senior Services

Facilitator: Ellen Grace Whitford, RN, BSN, Child Care Health Consultant Coordinator, Community Child Care Solutions

The purpose of the workshop is to educate child care providers and educators about the vaccine requirements in NJ. This interactive presentation will familiarize participants about the current immunization schedule and will stress the importance of timely vaccinations.

6. **Anti-Bullying and Anti-Harassment Through Children’s Literature and Related Activities**

Presenter: Dr. Blythe Hinitz Professor of Elementary and Early Childhood Education, The College of New Jersey

Facilitator: Lea McReynolds RN, MSN, CPN, Child Care Health Consultant Coordinator, Child Care Connection

This workshop will utilize children’s trade books on anti-bullying, anti-teasing and harassment as the foundation for hands on- activities with parents and health and education professionals. The activities are designed for adults to use with children between the ages of three and eight years of age, in homes, health care facilities, libraries, and child care.

7. **Ask, Advise & Refer**

Presenters: Cathy Butler, CSW Program Coordinator, Mom’s Quit Connection; Amy Minichino, BS Health Educator Mom’s Quit Connection

Facilitator: Bonnie Teman, RN, BSN Public Health Nursing Consultant Special Child Health Services, NJ Department of Health & Senior Services

Increase your knowledge level in talking with women about their tobacco use. Learn the hazards of smoking around young children. Build your resource list of cessation programs and learn how to use Mom’s Quit Connection’s fax –to Quit-Program.

8. **Babies on the Move! Supporting Motor Development for Infants and Toddlers**

Presenter: Maggie Fuller, BA, MA Infant/Toddler Specialist NJ First Steps Infant /Toddler Initiative Southern Region, SRCCRC/EIRC

Facilitator: Theresa Caputo, M.Ed., Professional Impact NJ

Even the youngest babies need to work on their motor skills. Learn the developmental milestones of gross and fine motor skills and how to encourage babies and toddlers to use their new abilities.

9. Prevent Child Abuse & Neglect

Presenter: Arline T. Oberst, Consultant, President, Lifetime Resources for Women, Inc.

Facilitator: Annette Perez, RN, BA Child Care Health Consultant Coordinator, Southern Regional Child Care Resource Center/EIRC

Learn the signs and patterns of an abused child. The way to prevent child abuse is through education- the more you know the more you can help prevent it.

10. What's New in Licensing?

Presenters: Marilyn Weiss, BS, Child Care Quality Assurance Inspector II; Antonette Franklin, BA Child Care Quality Assurance Inspector II, NJ Department of Children and Families, Office of Licensing

Facilitator: Shonda Laurel, MSA Child Care Supervisor NJ Division of Family Development

Staff from the NJ Office of Licensing will answer your questions and provide the most current information on licensing requirements for child care centers, including environmental regulations. The workshop is geared toward center directors, sponsors and administrators.

11. "What Do I Say Now?" Communicating with Parents About Sensitive Health Issues

Presenters: Dianne Burdette, RN, MS, CPNP, Pediatric Nurse Practitioner, Jersey Shore University Medical Center; Debra Gambino, BS Owner/Director, Treasured Angels

Facilitator: Judi Anderson, RN, BSN, Child Care Health Consultant Coordinator Child & Family Resources

Communicating with parents about health issues and concerns can be difficult and intimidating. Learn strategies to discuss information sensitively and put these strategies into practice with role modeling playing activities.

12. Keeping Me Lead Free — Lead Prevention Program in New Jersey

Presenter: Beatriz Oesterheld, BA Program Manager Monmouth County Health Department

Facilitator: Tracey Owate, RN, BSN, IBCLC, Child Care Health Consultant Coordinator, Community Coordinated Child Care

Lead exposure can cause injuries to the nervous system and the other organs that lead to significant challenges for the growing child. Learn how lead poisoning may impact the brain development of young children and can even harm the developing brain of a fetus.

DIRECTIONS TO

The Doubletree Hotel
200 Atrium Drive
Somerset, NJ 08873
(732) 469-2600

From Route I-287 North

Take exit 10 for Route 527 (New Brunswick/Easton Avenue). Follow Route 527 North to the first traffic light and make a left onto Davidson Avenue. Continue on Davidson Avenue for one-quarter mile and make a left into Atrium Corporate Park. Follow to the front entrance for the Doubletree Hotel and Executive Meeting Center.

From Route I-287 South

Take exit 10 for Route 527 (New Brunswick/Easton Avenue). At the bottom of the exit ramp, get into the left lane and make a left turn. (Go under overpass of I-287). Go straight (bearing to the right) to the first traffic light and make a left onto Davidson Avenue. Continue on Davidson Avenue for one-quarter mile and make a left into Atrium Corporate Park. Follow to the front entrance for the Doubletree Hotel and Executive Meeting Center.

From the New Jersey Turnpike

Take exit 10 for Metuchen/Edison to I-287 North. Take exit 10 for Route 527 (New Brunswick/Easton Avenue). Follow Route 527 North to the first traffic light and make a left onto Davidson Avenue. Continue on Davidson Avenue for one-quarter mile and make a left into Atrium Corporate Park. Follow to the front entrance for the Doubletree Hotel and Executive Meeting Center.

From the Garden State Parkway North

Take exit 127 for I-287 North. Take exit 10 to Route 527 (New Brunswick/Easton Avenue). Follow Route 527 North to the first traffic light and make a left onto Davidson Avenue. Continue on Davidson Avenue for one-quarter mile and make a left into Atrium Corporate Park. Follow to the front entrance for the Doubletree Hotel and Executive Meeting Center.

From the Garden State Parkway South

Take exit 129 for I-287 North. Take exit 10 to Route 527 (New Brunswick/Easton Avenue). Follow Route 527 North to the first traffic light and make a left onto Davidson Avenue. Continue on Davidson Avenue for one-quarter mile and make a left into Atrium Corporate Park. Follow to the front entrance for the Doubletree Hotel and Executive Meeting Center.

From Northern New Jersey Via I-78

Take I-78 to I-287 South. Take exit 10 for Route 527 (New Brunswick/Easton Avenue). At the bottom of the exit ramp, get into the left lane and make a left turn. (Go under overpass of I-287). Go straight (bearing to the right) to the first traffic light and make a left onto Davidson Avenue. Continue on Davidson Avenue for one-quarter mile and make a left into Atrium Corporate Park. Follow to the front entrance for the Doubletree Hotel and Executive Meeting Center.

REGISTRATION FORM

(MAY BE DUPLICATED)

\$ 60.00 Early Bird Registration fee (includes meals and conference materials)
(If postmarked by May 1, 2010)

\$ 75.00 Registration fee (includes meals and conference materials) **(If post-
marked after May 1, 2010)**

\$ _____ Donation toward HICC expenses (optional)

\$ _____ Total Enclosed

Check Number _____

Name _____

Employer _____

Mailing Address _____

City _____ State _____ Zip _____

Phone (day) _____

(eve.) _____

e-mail: _____

POSITION: _____

Workshop Preference:

Choice 1st 2nd 3rd

AM _____ _____ _____

PM _____ _____ _____

Meal Selections: Chicken Vegetarian

Purchase Orders will not be accepted.

Registrations received after May 1st will not receive a written confirmation.

Make check payable to NJAEYC-HICC and mail it with this form to:

NJAEYC-HICC

P.O. Box 426

Monmouth Junction, NJ 08852

Contact info. (732) 329-0033 or mail@njaeyc.org



New Jersey MAP to Inclusive Child Care Team

CALL FOR NOMINATIONS



2010 ROSE ANNUSSEK AWARD



The MAP to Inclusive Child Care Team is pleased to announce the **Rose Annussek Award** which is presented annually in memory of our dear colleague. Rose was a founding member of the MAP Team and served faithfully until her illness in 2004.

In memory of Rose's calm, resilient spirit and the enduring impression of her years of dedicated service, the MAP Team honors her memory with an annual award for inclusive child care programs which strive to follow her vision. This year the award will be presented at the **Health in Child Care Conference at the Somerset Double Tree Hotel on Thursday, May 20th.**

In keeping with the theme of the 2010 Health in Child Care Conference, "**Caring for New Jersey's Children**" the Map Team has decided to recognize a child care provider who has **created connections** with the child, family and other professionals to support children with special needs in child care settings. Nominations may include both the child care provider and other professionals who have collaborated to support the child.

The Rose Annussek Award nomination should include the name, address, phone and email of the person or agency, and the name and contact information of the person writing the recommendation. The letter should include a clear description of

- * the nominee's specific actions to include children with special needs in child care programs*
- * evidence of collaboration (possible examples: Early Interventions, Child Study Teams, Infant/Toddler Specialists, Child Care Health Consultant Coordinators, Head Start, classroom teachers, child's Health Care Provider)*

Including two or three other resources such as newspaper/magazine articles, letters of support, or program descriptions would help the committee learn about the nominee.

Nominations are being accepted through April 5th, 2010
and can be mailed, faxed or emailed to:

Rose Annussek Award
SRCCRC/EIRC
900 Hollydell Ct.
Sewell, NJ 08080
ethomas@eirc.org
Phone: 856-582-8282 ext 171
Fax: 856-582-4714

Thank you for helping the MAP to Inclusive Child Care Team to continue Rose's vision.
